Fourth European Nursing Congress

programme

OLDER PERSONS: THE FUTURE OF CARE
4-7 OCTOBER 2010
ROTTERDAM
THE NETHERLANDS

Including

14th Research Congress of the Workgroup European Nurse Researchers
WENR

Flemish Dutch Nursing Research Congress
### TUESDAY, OCTOBER 5  
**PROGRAMME AT A GLANCE**

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event</th>
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<tbody>
<tr>
<td>08:00 - 18:00</td>
<td>Reg. desk open</td>
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<tr>
<td>08:30 - 09:00</td>
<td>coffee &amp; tea</td>
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<tr>
<td>09:00 - 09:55</td>
<td>break</td>
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<td>09:55 - 10:20</td>
<td>break</td>
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<tr>
<td>10:20 - 11:45</td>
<td>B1-B73 PP, C2-S8 SP, C1-S7 SP</td>
<td>C3-439 WS, C4-C6 OP, C7-C10 OP</td>
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<tr>
<td>11:45 - 12:45</td>
<td>lunch B1-B73 PP</td>
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<td>12:45 - 14:00</td>
<td>break</td>
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<tr>
<td>12:45 - 17:30</td>
<td>D1-S3 SP, D2-S13 SP, D3-S31 SP, D4-L24 WS, D10-D13 OP</td>
<td>D6-D9 OP, D14-D16 OP, D17-D19 OP, D5-D138 WS, D20-D21 OP</td>
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<tr>
<td>14:15 - 14:45</td>
<td>break</td>
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<td>16:15 - 16:30</td>
<td>walking break</td>
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<td>16:30 - 17:30</td>
<td>PL. SES. 3</td>
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<td>17:30</td>
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<td>18:00 - 19:30</td>
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**Floor**
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<tr>
<th>Speaker Service Center</th>
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<tbody>
<tr>
<td>Nursing Home Laurens</td>
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<tr>
<td>Florence Nightingale Institute or Palliative Care Laurens</td>
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<tr>
<td>Departure by coach (Schouwburgplein) Boat Trip in Rotterdam Harbour</td>
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</tbody>
</table>

**Abbreviations**
- PP = Poster Presentations
- SP = Symposium
- WS = Workshop
- OP = Oral Presentation
- RT = Round Table
- PL. SES = Plenary Session
Tuesday, October 5

08:30 - 09:00 Welcome, tea & coffee

09:00 - 12:00 Optional: visit to nursing home Laurens (see page 98 / 99)

09:00 - 09:55 Plenary Session 2 Room: Willem Burger Zaal

Chair: Prof. Theo van Achterberg, RN, PhD
University of Nijmegen St Radboud, Nijmegen, the Netherlands

Keynote addresses:

KN4 The Longevity Revolution
Prof. Rudi Westendorp, PhD
Professor of medicine
Chairman department of Gerontology and Geriatrics,
Leiden University Medical Center, the Netherlands.
Executive Director Leyden Academy on Vitality and Ageing

KN5 Prevention of Falls in Older Persons: an update
Prof. Koen Milisen, RN, PhD
Department of Geriatric Medicine, University Hospitals of Leuven
& Center for Health Services and Nursing Research, Katholieke
Universiteit Leuven, Leuven, Belgium

09:55 - 10:20 Break Room: First Floor

Parallel Session B

10:20 - 12:45 Poster presentations Room: Willem Burger Hal

Care for older persons in Europe in 2025

B1-419 Integrating home care services in Europe
S. Chlabicz, Medical University of Bialystok, Poland

Challenges and innovations in long-term care for older persons

B2-70 Coordinating the Roles of Nursing Home Staff
and Families of Elderly Nursing Home Residents
M. Ehrenfeld, Pat Matthews academic school of nursing, Israel

B3-72 Nurses’ perceptions of individualised care
in long-term care institutions
R.A. Suhonen, University of Turku, Finland

B4-97 Protocol for innovative projects of care and
support targeting community dwelling frail elderly
T.P.M. van Durme, Universite Catholique de Louvain, Belgium

B5-120 A pilot experience of client centred care in Brussels city
C. Jeannart, Institute For Health and Society, UCLouvain Belgium

B6-151 Nijmegen University Network of Nursing Homes:
collaboration in care and research
E.W.C. Derksen, Radboud University Nijmegen Medical Centre,
the Netherlands

B7-191 Towards a framework for operational access
to care for the elderly.
E.C.C. Schipper, Tranzo / UvT, the Netherlands

B8-205 Examining the Health Care Policy for Elderly People
from an International Perspective
H.G. Golander, Tel Aviv University, Israel

B9-227 The continuous nursing care - Conceptual basis
J.P.A.T. Tavares, Portugal
Manpower issues and the labor market

B20-10 Moral distress and Burn-Out in nurses on acute geriatric wards
M.D.W. Dewitte, Ghent University Hospital, Belgium

Patient safety and health outcomes e.g.

B21-098 Patient safety climate in Swiss nursing homes and its relationship to clinical outcomes
F.Z. Zuniga, University of Basel, Switzerland

B22-123 The Australian Medical Sheepskin prevents pressure ulcers: a combined multilevel analysis of 3 RCTs
P. Mistiaen, NIVEL, the Netherlands institute for health services research, the Netherlands

B23-149 Assessment of postoperative pain in older patients
F.M. van Dijk, University Medical Center, the Netherlands

B24-198 Belgian Screening Tools (BeST) database
L.B. Bulteel, Ghent University, Belgium

B25-217 Adherence and medication management by the elderly
A.H. Henriques, Escola Superior de Enfermagem de Lisboa, Portugal

B26-240 Barriers that influence nurses’ information exchange during care transfer of older persons.
R.M.O. Olsen, Nord-Trøndelag University College, Norway

B27-268 Comparing acute and long-term elderly care by the use of an Italian theoretical model and the ICNP®
D. Ausili, Insubria University Varese, Italy

B28-344 Pain and interventions in German nursing homes
K. Kopke, Charité - Universitätsmedizin Berlin, Germany

B29-364 Experiences of nurse specialists in projects aiming to reduce the use of physical restraints
H.M.J.H. Smeets, MeanderGroep ZL, the Netherlands

B30-371 Making an inventory of best practices recommendations and putting them at nurses’ disposal
N.A.O. Gobert, Université Catholique de Louvain, Belgium

B10-229 Barriers and Solutions in the Continuous Nursing Care for the Elderly
J.P.A.T. Tavares, Portugal

B11-254 Nurse case management in England: A study of different models for community dwelling older people
M. Drennan, Kingston University & St. George’s University of London, United Kingdom

B12-261 A Quality Framework for Responsible Care gives new opportunities for managers and professionals
R.H. van der Veen, Vilans, the Netherlands

B13-325 Literature review on advance care planning of nursing home residents
L. Séchaud, Haute Ecole de Santé, Switzerland

B14-337 Best practice; the professional as a ‘guiding actor’
J.S. Boonstra, Saxion, the Netherlands

B15-380 Structure of patients’ health requirements in homecare in Poland and changes in the health care
G. Wojcik, Medical University of Warsaw, Poland

B16-382 Obesity in care of nursing home residents - Pilot study on detection of efforts in nursing homes
G. Apelt, Charité-Universitätsmedizin Berlin, Germany

B17-464 Collaborative Intensity - a description of the research process for the partnership model
L. Rekola, Helsinki Metropolia University of Applied Science, Finland

B18-465 Partnership between higher education and working life in Geriatric Services
A. Haggman-Laitila Halsinki, Metropolia University of Applied, Sciences Finland

B19-L1 Home dialysis for the frail elderly
A.T. Riemann, AMC/Dianet dialysecentra, the Netherlands
B31-374 Falls in the hospital: a study of data collection processes and inter-rater reliability in the US
M. Simon, University of Kansas Medical Center
School of Nursing, United States of America

B32-386 Psychosocial interventions to reduce antipsychotic drugs in care home residents: systematic review
S. Köpke, University of Hamburg, Germany

B33-420 Fall prevention in the elderly: current evidence and challenges for further research
K. Balzer, Universität zu Lübeck, Germany

B34-451 Screening for falls in an acute geriatric ward: are instruments performing better than nurses?
K.J.J. Versluys, UZ Gent, Belgium

B35-467 Towards an optimal skill mix for older residents in nursing homes
A. Tuinman, Hanzehogeschool Groningen, the Netherlands

B36-469 Falls in older hospital inpatients and effect of cognitive impairment
J. Harlein, General Hospital Furth, Germany

B37-L11 Issue and implementation of an practice guideline for skin care with incontinence for acute hospitals and nursing homes
E. Haslinger-Baumann, Forschungsinstitut des Roten Kreuzes, Austria

Promotion of health and well-being in older persons

B38-2 Caring for older people with multiple chronic conditions in their own homes
M.T.L. Lupari, NHSCT, United Kingdom

B39-8 Cultural Diversity, Locus of Control, Spirituality and Quality of Life in Elderly Patients
Y. Marcus, presented by B. Shaindman, Shoenbrun Academic School of Nursing, Israel

B40-13 Natural Environment and Health: Promoting Health in Older Persons
I.P. Prasini, Hygeia Hospital, Greece

B41-15 Osteoporosis Knowledge, Health Beliefs and Preventive Behavior in Older Women Living in a Rural Area
S.A. Aree-Ue, Ramathibodi Hospital, Thailand

B42-018 Fall Risk Assessment in the Outpatient Setting
J. Meador, Jack C. Montgomery VA Medical Center, United States of America

B43-23 The nursing staff’s experiences and reactions when older people with dementia fall in nursing homes
S.S. Struksnes, Norway

B44-26 Effects of Quadriceps Exercise on Pain and Strength Conditioning in Women with Knee Osteoarthritis
N.P. Piyakhachornrot, Ramathibodi Hospital, Thailand

B45-54 Healthy and Active Ageing, a preventive program for independent living well elderly
M.B.M. Bussmann, Hogeschool Rotterdam, the Netherlands

B46-06 Older peoples’ perceptions of pain, health and psychosocial life
A. Willman, University of Karlstad, Sweden

B47-75 Visiting nurses’ foot health evaluation skills - a pilot study
M. Stolt, University of Turku, Finland

B48-089 Evaluation of the effects of screening elderly people in order to detect frailty at an early stage
I.G.P. Duimel-Peeters, Maastricht University, the Netherlands

B49-124 The 75-year-olds’ perceived health. The district nurse’s starting point for health dialogues
H.S. Sherman, Centre for Family Medicin, Sweden

B50-139 A qualitative analysis of experiences of smoking cessation among older males in Taiwan
C.L. Huang, Chang Jung Christian University, Taiwan

B51-146 Action research as a method to improve quality of care for older persons
M.W.C. Snoeren, Fontys University of Applied Sciences, the Netherlands
B52-157 Planned interviews about sexuality as part of routine care to men with genitourinary cancer
S.M. Maassen, Erasmus MC, the Netherlands

B53-177 Care models that integrate advanced nursing services to elderly with depression: a literature review
J.D. Dreizler, Zurich University of Applied Sciences, Switzerland

B54-235 Well-being and quality of life of people over 75 years: influence of social support
M.L.A. Almeida, Nursing School of Coimbra, Portugal

B55-250 Identifying patients with low health literacy
K. Sommerhalder presented by S. Hahn, University of Applied Sciences, Switzerland

B56-259 Diabetes: psychometric evaluation of an instrument to evaluate the effectiveness of education
V.D. Duprez, University College Arteveldehogeschool, Belgium

B57-269 Feelings of insecurity and vulnerability: is the association different between older age groups?
L. de Donder presented by N. de Witte, Vrije Universiteit Brussels, Belgium

B58-274 Prevalence studies on elder abuse in Europe: state of the art and guidelines for future research
L. de Donder presented by N. de Witte, Vrije Universiteit Brussels, Belgium

B59-286 Accidental falls prevention in the elderly: a post intervention survey in Italian Hospitals
D. Mecugni, presented by C. Sironi, University of Modena and Reggio Emilia, Italy

B60-295 Frailty: beyond the figures
K.G. Luijkx, Tilburg University, the Netherlands

B61-321 Effects of group and personal interventions on perceived togetherness in older people
P.T. Tiikkainen, JAMK University of Applied Sciences, Finland

B62-329 Quality of life model: predictors of quality of life among sick older adults
L.H. Halvorsrud, Diakonova University College, Norway

B63-340 Assistance for the chronically ill older persons living at home
A.M. Moe, Høgskolen i Nord-Trøndelag, Norway

B64-352 Feasibility of a new intervention programme for vulnerable older people in primary care
N. Bleijenberg, UMC Utrecht, the Netherlands

B65-370 Determining care abilities of older people regarding with their realization of daily life activities
Z. Koc, Ondokuz Mayis University, Turkey

B66-373 Quality of life of the elderly people in long-term care in the South-East Poland
G. Wojcik, Medical university of Warsaw, Poland

B67-384 Resources for improving everyday movements and promoting autonomy of nursing home residents
S. Kalinowski, Germany

B68-385 A chronic grief intervention for alzheimer’s family caregivers
O. Paun, Rush University, United States of America

B69-405 Older persons in the world of Hiv/AIDS: health promotion through community-based collaboration
M.J. Watson, North-West University, South Africa

B70-428 What is ‘healthy physical activity’?
H. Anderiesen, TUDelft, the Netherlands

B71-455 Elderly health needs in primary care unit and nurse’s professional practice.
F. Romijn Tocantins, Universidade Federal do Estado do Rio de Janeiro, Brazil

B72-462 Wellbeing of elderly people within Russian minority in Finland and Estonia
A. Ehasalu, Tallinn Health College, Estonia

B73-L23 Home Care and Support of the Eldery in Switzerland
T. Schwarze, Bern University of Applied Science, Switzerland
Parallel Session C

C1-S7 Symposium  Room: Fortis Bank Zaal
10:20 - 11:45 DEFEND your older hospital patient!
Chair: M.J. Schuurmans

1 Measuring functional decline in hospitalized older medical patients: a systematic review
   B.M. Buurman, Academic Medical Center, the Netherlands

2 ISAR-HP an instrument predicting functional decline in older hospitalized patients
   J.G. Hoogerduijn, Hogeschool Utrecht, the Netherlands

3 Comprehensive Geriatric Assessment in older hospitalised patients at risk for functional decline
   B.M. Buurman, Academic Medical Center, the Netherlands

4 Multimorbidity in acutely hospitalized older patients: prevalence and outcome
   B.M. Buurman, Academic Medical Center, the Netherlands

C2-S8 Symposium  Room: Willem Burger Zaal
10:20 - 11:45 Determinants of fear of falling from different perspectives
Chair: S.E.A.J. de Rooij

1 Safety for older persons; effectiveness of a mobile safety alarm
   A.Ch.L. Scheffer, Academic Medical Centre, the Netherlands

2 Fall prevention on wheels: fear of falling in older persons visiting a mobile fall prevention unit
   A.Ch.L. Scheffer, Academic Medical Centre, the Netherlands

3 Fear of Falling: Perspective of a patient with a hip fracture
   H.M. Visschedijk, VUmc, the Netherlands

C3-439 Workshop  Room: Van Cappellen Zaal
10:20 - 11:45 International networking, a prerequisite for excellent research? WENR, an example of good experience
   M.L.A. Crijns, the Netherlands Centre for Excellence in Nursing, the Netherlands

C4-92 Oral presentations  Room: Van Beuningen Zaal
10:20 - 11:45 Family and informal care givers
Chair: M.A. Andersson

C5-169 Family caregivers of elder people in Spain
   A.Z. Zabalegui, Hospital Clínico de Barcelona, Spain

C6-458 The experience of being next of kin to an older person in the last phase of life
   M.A. Andersson, Lund University, Sweden

C7-196 (In)formal care and care shortages - Findings from the Belgian Ageing Studies BAS
   N. de Witte, University College Ghent, Belgium

C8-252 Patient safety and health outcomes e.g.
Chair: D.B. Beeckman

C9-262 Assessing the adequacy of pressure ulcer prevention in Belgian geriatric hospital wards
   D.B. Beeckman, Ghent University, Belgium
Tuesday  Parallel Session C

C10-300  Pressure ulcers: knowledge and attitudes of nurses in Belgian nursing homes
L. Demarré, Ghent University, Belgium

C11-134  'Lively Legs': Increased physical activity and fewer wound days in venous leg ulcer patients
M.M. Heinen, Radboud University Medical Center Nijmegen, the Netherlands

C12-147  Low risk for undernutrition is a predictor for perceived good health in older patients
U.S. Soderhamn, University of Agder, Norway

C13-237  Elderly male cancer patients: traumatic stress and need for support in prostate cancer patients
A.Ph. Visser, Rotterdam University, the Netherlands

C14-324  Alcohol use among older adults and an early intervention model for home care
S.I. Immonen, City of Espoo, Finland

C15-91  Construct validity and homogeneity of the German version of the QUALIDEM by people with dementia
M. Dichter, University of Witten/Herdecke, Germany

C16-244  Managing dementia in residential aged care using Snoezelen and other multi-sensory therapies
M.B. Bauer, La Trobe University, Australia

C17-256  Quality of life in shared housing arrangements - a comparison of various dementia-specific scales
J.G. Gräske, Charité Universitätsmedizin Berlin, Germany

Oral presentations
Room: Van der Vorm Zaal

10:20 - 11:45  Promotion of health and well-being in older persons (1)
Chair: M. Heinen

C17-256  Quality of life in shared housing arrangements - a comparison of various dementia-specific scales
J.G. Gräske, Charité Universitätsmedizin Berlin, Germany

Oral presentations
Room: Van Rijckevorsel Zaal

10:20 - 11:45  Promotion of health and well-being in older persons (3)
Chair: M.J.G. van Vliet

C17-256  Quality of life in shared housing arrangements - a comparison of various dementia-specific scales
J.G. Gräske, Charité Universitätsmedizin Berlin, Germany

10:20 - 11:45  Promotion of health and well-being in older persons (2)
Chair: J.G. Gräske

C17-256  Quality of life in shared housing arrangements - a comparison of various dementia-specific scales
J.G. Gräske, Charité Universitätsmedizin Berlin, Germany

Oral Presentations
Room: Plate Zaal

10:20 - 11:45  Promotion of health and well-being in older persons (2)
Chair: J.G. Gräske

C17-256  Quality of life in shared housing arrangements - a comparison of various dementia-specific scales
J.G. Gräske, Charité Universitätsmedizin Berlin, Germany

11:45 - 12:45  Lunch
Room: First Floor

Meet the experts (see page 101, 102 & 103)

12:45 - 18:00  Optional: Visit to Florence Nightingale Institute (see page 98 / 99)
OR
13:00 - 15:00  Laurens Cadenza unit of palliative care (see page 98 / 99)
### Parallel Session D

**D1-S3**  
**Symposium**  
**Room: Willem Burger Zaal**

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<th>Time</th>
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<tr>
<td>12:45</td>
<td>Care problems in nursing homes from a European point of view</td>
<td>J.M.G.A. Schols</td>
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<tr>
<td>1</td>
<td>Pressure ulcer guideline development and dissemination in Europe</td>
<td>E. Meesterberends, Maastricht University, the Netherlands</td>
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<tr>
<td>2</td>
<td>Measuring care problems in nursing home residents in the Netherlands, Germany and Austria</td>
<td>N.C. van Nie, Maastricht University, the Netherlands</td>
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<td>3</td>
<td>Fall prevention in cognitively impaired older people: state of the art in German nursing homes</td>
<td>J.H. Harlein, General Hospital Fürth, Germany</td>
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<td>4</td>
<td>Improving quality of care in care homes by performing a yearly national audit of care problems</td>
<td>J.M.G.A. Schols, Maastricht University, the Netherlands</td>
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**D2-S13**  
**Symposium**  
**Room: Fortis Bank Zaal**

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<tr>
<td>12:45</td>
<td>Home care for the elderly in Europe: the EUROMAP-project results</td>
<td>W. Boerma, N. Genet</td>
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<tr>
<td>1</td>
<td>Governance on home care in Europe</td>
<td>W.G.W. Boerma, N. Genet, NIVEL, the Netherlands</td>
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<tr>
<td>2</td>
<td>Financing home care in Europe</td>
<td>K. Ersek, Corvinus University of Budapest, Hungary</td>
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<td>3</td>
<td>Human resources in home care in Europe</td>
<td>V.G. Homolova, Alice Salomon University of Applied Sciences, Germany</td>
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<td>4</td>
<td>Recipients of home care and the role of informal care in Europe</td>
<td>M. Naiditch, Institut de Recherche et Documentation en Economie de la Sante (IRDES), France</td>
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<td>5</td>
<td>Current trends and challenges and how they are dealt with</td>
<td>A. Hutchinson, Sheffield University, United Kingdom</td>
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**D3-S31**  
**Symposium**  
**Room: Jurriaanse Zaal**

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<tr>
<td>12:45</td>
<td>The Dutch National Care for the Elderly Programme</td>
<td>K. Jonkers</td>
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<tr>
<td>1</td>
<td>Towards an integrated chain of care model for the frail elderly</td>
<td>C. Spreeuwenberg, Maastricht University Medical Center, the Netherlands</td>
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<td>2</td>
<td>The ISCOPE-study</td>
<td>J. Blom, Leiden University Medical Center, Leiden, the Netherlands</td>
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<td>3</td>
<td>Feasibility of a new intervention programme for vulnerable older people in primary care</td>
<td>N. Bleijenberg, I. Drubbel, University Medical Center, Utrecht, the Netherlands</td>
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**D4-L24**  
**Workshop**  
**Room: Van Cappellen Zaal**

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<td>12:45</td>
<td>Primary Care and Care for Older Persons</td>
<td>P. Boeckxstaems</td>
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<td>P. de Graaf, European Forum for Primary Care, the Netherlands</td>
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**D5-138**  
**Workshop**  
**Room: Van Rijckevorsel Zaal**

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<tr>
<td>12:45</td>
<td>The art of working in the care for the elderly - Work is in the eye of the beholder</td>
<td>C.G. Nijhuis, Humanitas, the Netherlands</td>
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**Oral presentations**  
**Room: Mees Zaal**

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<td>12:45</td>
<td>New developments in dementia care</td>
<td>R. Verkaik</td>
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<td>D. Hardenacke, Deutsches Zentrum für Neurodegenerative Erkrankungen, Germany</td>
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Tuesday  Parallel Session D

D7-242  Pleasantly living together: Anton de Kom, for Surinamers with dementia
A.H.M. Verhoeven, Cordaan, the Netherlands

D8-39   Effects of introducing a nursing guideline on depression in psychogeriatric nursing home residents
R. Verkaik, NIVEL, the Netherlands

D9-73   How to tell patients and caregivers about dementia
R.I.J.M. Pol, Alys Zorggroep Rijnstate Hospital, the Netherlands

Oral presentations  Room: Van Beuningen Zaal

12:45 - 14:15

Use of technology in care for older persons in the future
Chair: K.A. Axelson

D10-220  Videomonitoring as part of care delivery to independently living seniors
M.D. Spreeuwenberg, Hogeschool Zuyd, the Netherlands

D11-292  Healthy older persons perceptions about care and the use of Assistive Technology Services (ATS)
C. Harrefors, Luleå University of Technology Sweden

D12-303  E-Health in care of older persons in the future
K.A. Axelson, Luleå University of Technology, Sweden

D13-345  Robotics for elderly care; A roadmap study for the European commission
G.J. Gelderblom, presented by G. Cremers, Hogeschool Zuyd, the Netherlands

Oral presentations  Room: Van der Vorm Zaal

12:45 - 14:15

Promotion of health and well-being in older persons
Chair: P. Voutilainen

D14-225  Life orientation among older people in Finland and Sweden
L.E. Fagerström, Buserud University College/ University of Skövde, Norway

D14-426  Healthy ageing in all policies
P. Voutilainen, Ministry of Social Affairs and Health, Finland

Tuesday  Parallel Session D

D16-436  Safety visits to senior citizens in Kópavogur 2007
D.H. Kristinsdóttir, Slysavarnafelagid Landsbjörg, Iceland

D17-36   The implementation of evidence-based nutrition guidelines in an acute geriatric setting
M.L.R.M. Daem, Universiteit Gent, Belgium

D18-347  mpowerment by the written patient instructions at the emergency policlinic
M.H. Salminen-Tuomaala, Seinajoki University of Applied Sciences, Finland

Oral presentations  Room: Plate Zaal

12:45 - 14:15

New approaches to acute care for older persons
Chair: M. Daem

D19-378  Pain, anxiety, and agitation in critically ill older patients on the intensive care unit
M.M. Jeitziner, Bern University Hospital, Switzerland / Maastricht University, the Netherlands

Oral presentations  Room: Ruys Zaal

12:45 - 14:15

Family and informal care givers
Chair: T.B. Boggatz

D20-214  Socio-demographic factors related Care Dependency among older Egyptians
T.B. Boggatz, Germany

D21-276  Spouse caregivers face complex position of health deficits at the early stage of caregiving
T. Valimaki, University of Eastern Finland, Finland

14:15 - 14:45  Break  Room: First Floor
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<th>Time</th>
<th>Session</th>
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<th>Title</th>
<th>Chair</th>
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| 14:45 - 16:15 | E1-515 | Symposium    | Room: Willem Burger Zaal                                                | International approaches to reduce the usage of physical restraints in nursing homes | Chair: M. Bleijlevens / J.P.H. Hamers, Reducing the use of physical restraints in Dutch nursing homes: a pilot study, M.J.M. Gulpers, Maastricht University, the Netherlands  
|            |         |              |                                                                      | Evaluation of a guidance on the reduction of physical restraints in nursing homes: a cluster-RCT, G. Meyer, University Witten/Herdecke, Germany  
|            |         |              |                                                                      | Safety problems associated with the use of physical restraints on the elderly, E. Fariña-López, University of Las Palmas de Gran Canaria, Spain  
|            |         |              |                                                                      | Contextual interventions to reduce variation in physical restraint use, E. Capezuti, New York University College of Nursing, United States of America |
| 14:45 - 16:15 | E2-525 | Symposium    | Room: Van Cappellen Zaal                                                | Preservation of functioning in older people                            | Chair: M.J. Schuurmans  
|            |         |              |                                                                      | Prevention decline in older cardiac surgical patients (PREDOS study), G.A. Ettema, University of Applied Science Utrecht, the Netherlands  
|            |         |              |                                                                      | Prescription change intensity and hospitalization, C.G.M. Sino, University of Applied Science Utrecht, the Netherlands  
|            |         |              |                                                                      | The best care for your older patients, how to make your hospital senior friendly?, J.G. Hoogerduijn, University of Applied Science Utrecht, the Netherlands  
|            |         |              |                                                                      | Preservation of living independently in older people, E.M.A. Arts, University of Applied Science Utrecht, the Netherlands |
| 14:45 - 16:15 | E3-511 | Symposium    | Room: Fortis Bank Zaal                                                  | Care for older persons in a hospital                                   | Chair: G.A. Brekelmans  
|            |         |              |                                                                      | GENERO, Co-operation in care and welfare, D. Smilde / M. Zeegers, Erasmus MC, the Netherlands  
|            |         |              |                                                                      | The prevention and reactivation care programme: the prevention of functional decline after hospital stay, P.L. de Vreede / T.J.E.M. Bakker, Erasmus MC, the Netherlands  
|            |         |              |                                                                      | The multiple effects of vitamin D in old age, C. Oudshoorn / T.J.M. van der Cammen, Erasmus MC, the Netherlands  
|            |         |              |                                                                      | Adverse drug events as cause for hospitalisation, P.M.L.A. van den Bemt, Erasmus MC, the Netherlands  
|            |         |              |                                                                      | Nursing care in the last days of life as reported by hospital nurses, E. Witkamp, Erasmus MC The Netherlands |
| 14:45 - 16:15 | E4-L25 | Workshop     | Room: Ruys Zaal                                                        | Retaining older nurses in the workforce: A wise decision              | A. ter Maten / L. Maas, Rho Chi Chapter STTI , the Netherlands  
|            |         |              |                                                                      | 1 Prevention decline in older cardiac surgical patients (PREDOS study), G.A. Ettema, University of Applied Science Utrecht, the Netherlands  
|            |         |              |                                                                      | 2 Prescription change intensity and hospitalization, C.G.M. Sino, University of Applied Science Utrecht, the Netherlands  
|            |         |              |                                                                      | 3 The best care for your older patients, how to make your hospital senior friendly?, J.G. Hoogerduijn, University of Applied Science Utrecht, the Netherlands  
<p>|            |         |              |                                                                      | 4 Preservation of living independently in older people, E.M.A. Arts, University of Applied Science Utrecht, the Netherlands |</p>
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<td>14:45 - 16:15</td>
<td><strong>Family and informal care givers</strong></td>
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<tr>
<td>E5-452</td>
<td>'Failed expectations': understanding sudden informal caregivers’ transition experiences</td>
<td>H. Pereira, University of the Azores, Portugal</td>
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<td>E6-339</td>
<td>Quality time: professional care for informal carers of community-living older persons with dementia</td>
<td>M.A. van ’t Leven, Rotterdam University, the Netherlands</td>
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<td>E6-446</td>
<td>Caregiving together: synergy on the journey to a good death</td>
<td>S. Golembeski, Baptist Health, South Florida USA</td>
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<td>E8-407</td>
<td>Discursive constructions of elder abuse: Irish community nurses' accounts</td>
<td>A. Phelan, University College Dublin, Ireland</td>
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<td><strong>Patient safety and health outcomes e.g. (1)</strong></td>
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<td>Chair: L. Demarré</td>
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<td>E13-249</td>
<td>Pressure ulcers: development and psychometric validation of a knowledge assessment instrument</td>
<td>D.B. Beeckman, Ghent University, Belgium</td>
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<td>E14-310</td>
<td>Development of an international pressure ulcer prevention guideline</td>
<td>K. Vanderwee, presented by L. Demarre, Ghent University, Belgium</td>
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<td>E15-319</td>
<td>Malnutrition and nutritional care practices in hospital wards for older people</td>
<td>K. Vanderwee, presented by M. Daem, Ghent University, Belgium</td>
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<tr>
<td>E16-260</td>
<td>Pressure ulcer prevention: development of an attitude assessment instrument</td>
<td>T. Defloor, presented by D.B. Beeckman, Ghent University, Belgium</td>
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<td>14:45 - 16:15</td>
<td><strong>Palliative care</strong></td>
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<td>Chair: M.C. de Korte-Verhoef</td>
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<tr>
<td>E9-90</td>
<td>Views of Turkish and Moroccan immigrants on ‘good care’ in the palliative phase of cancer</td>
<td>F.M. de Graaff, MUTANT and University of Amsterdam, the Netherlands</td>
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<tr>
<td>E10-312</td>
<td>Nurses’ experience of palliative care in nursing homes</td>
<td>I.B. Beck, Lund University, Sweden</td>
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<td>E11-331</td>
<td>Professional homecare communication and assessment of problems in patients at the end-of-life</td>
<td>M.C. de Korte-Verhoef, the Netherlands</td>
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<td>E12-367 P</td>
<td>Pain control at end of life - a comparative study of cancer patients and chronically ill in hospital</td>
<td>S.A. Steindal, Diakonhjemmet Høgskole, Norway</td>
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<td><strong>Patient safety and health outcomes e.g. (2)</strong></td>
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<td>Chair: B. R. Reuschenbach</td>
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<td>E17-201</td>
<td>Less adverse events with a patient safety programme in hospitals and nursing homes</td>
<td>B.G.I. van Gaal, Radboud University Nijmegen, MC The Netherlands</td>
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<tr>
<td>E18-221</td>
<td>Clinical relevance of pressure ulcer risk assessment scales. The perspective of nurses in practice</td>
<td>B. R. Reuschenbach, University of Applied Sciences, Germany</td>
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<td>E19-326</td>
<td>Malnutrition and associated factors in elderly hospital patients</td>
<td>I. Bocquaert, Ghent University, Belgium</td>
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**Tuesday  Parallel Session E / Plenary Session 3**

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| 14:45 - 16:15 | **Promotion of health and well-being in older persons**  
Chair: E. Rappold                                                                 | Room: Van Rijckevorsel Zaal   |                                             |
| E20-265     | Adherence with leg ulcer lifestyle: a promising nursing intervention for community care settings  
A. van Hecke, Ghent University, Belgium                                                                 |                               |                                             |
| E21-266     | Adherence to leg ulcer treatment: development of a theoretical framework  
A. van Hecke, Ghent University, Belgium                                                                 |                               |                                             |
| 16:15 - 16:30 | **Walking Break**                                                                                           |                               |                                             |
| 16:30 - 17:30 | **Plenary session 3**  
Chair: Adelaida Zabalegui                                                                 | Room: Willem Burger Zaal      |                                             |

**Keynote address**

**KN6 Exercise, Cognition and Dementia**  
Prof. Erik Scherder, PhD  
Professor Clinical Neuropsychology, VU University Medical Center Amsterdam, Professor Human movement Faculty of Medicine, department for Neuropsychology in the Human Movement Sciences, University of Groningen, the Netherlands

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<tr>
<td>17:30</td>
<td>Departure coach for boat trip</td>
<td>Schouwburgplein</td>
<td>18:00 - 19:30 Spido boat trip through the harbour of Rotterdam</td>
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<tr>
<td>18:00 - 19:30</td>
<td><strong>Spido boat trip through the harbour of Rotterdam</strong></td>
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